|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Preventing a  violent incident In order to increase the safety of myself and my child, I will consider the following strategies.   1. **I will do what is in my power to prevent my child from witnessing verbal or physical acts of violence.** 2. **I will do whatever I can to prevent my child or myself from being placed in a potentially harmful encounter. This involves refraining from social encounters with friends or family who have a history of violence.** 3. **I will refrain from engaging in verbal violence with other family members, which may escalate into physical altercation.**   Although I do not have control over another individual’s actions, I do have a choice about how to respond to them and how to best get myself, and my children to safety.  Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Date: \_\_\_\_\_\_\_\_\_  Staff Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Date: \_\_\_\_\_\_\_\_\_ | Community Services & Resources   |  |  | | --- | --- | | 211 Information Line | 916.498.1000 | | Adult Protective Services | 916.874.9377 | | Child Protective Services | 916.875.5437 | | Crisis Nursery North | 916.679.3600 | | Crisis Nursery South | 916.394.2000 | | Chicks in Crisis | 916.441.1243 | | Domestic Violence Intervention Center (DVIC) | 916.728.7210 | | Mental Health | 916.732.3637 | | Parent Support Line | 888.281.3000 | | PG&E Project Hope | 916.448.5621  X30 | | Poison Control | 800.876.4766 | | Pregnancy Hotline | 916.451.2273 | | Sac Emergency Housing | 916.455.2160 | | Safe Surrender Baby | 916.679.3604 | | SMUD | 888.456.SMUD | | St. Johns Shelter | 916.453.1482 | | Suicide Crisis Line | 916.368.3111 | | Warmline | 916.922.9276 | | WEAVE | 916.920.2952 | | WIND Youth Services | 916.561.4900 | | **Birth & Beyond  Family Resource Centers** **Family Safety Plan** |
| **The following steps represent my plan for increasing mine and my children’s safety and preparing in advance for the possibility of risks.**  Name:  Date:  Address:  Home #:  Cell #:  Child’s Name: Age:  Child’s Name: Age:  Child’s Name: Age:  Child’s Name: Age:  **My Phone Tree:**  **Safe friends and family  who I can call.**  Name:  Phone #:  Name:  Phone #:  Name:  Phone #:  Name:  Phone #: | |  | | --- | | **My Family Resource Center  & Law Enforcement:**  FRC:  Phone #:  Address:  Local Law Enforcement Agency:  Phone #:  Local Fire Department:  Phone #: | | **Safety Concerns** | | **Check all that apply:**  Family Violence  Gang/Neighborhood Violence  Safe Sleeping  Depression  Pool/Water Safety  Child Proofing Home  Drugs/Alcohol  Medical Issues  Criminal Activity  Mental Health  Car Seat/ Transportation Safety  Basic Needs (food, clothing, shelter)  Fire Safety  Other | | **Develop a Safety Plan for each item checked.**  Description of Concern:  A picture containing porcelain  Description automatically generatedAction staff and family will take to address concern:  Description of concern:  Action staff and family will take to address concern: |